# The Hoosier Paddler

Volume 49, Issue 9

http://www.hoosiercanoeclub.org/

October 2011



# Hello, HCC

#### **Boaters Get On Board!**

It's that time of year again when we start banging the drums, slapping our paddles, shaking the bushes and nudging our friends, as well as looking towards ourselves, as we nominate a slate of Officers and Directors for 2012. I've enjoyed my year as Skipper and have appreciated the vote of confidence of the club, and very much wish I could continue. Unfortunately, the realities of my work schedule don't afford the regularity required at the helm. I do plan to continue on the Board of Directors and to fully support the Hoosier Canoe AND KAYAK Club, as well as to create paddling parties and special adventures whenever possible!

Please consider serving on the Board or nominating a friend who is passionate about paddling! Skill level is not a prerequisite; enthusiasm is. I've made so many good friends through the club and know that there is no other organization that offers the breadth and depth of trips that the HCC does, as well as the broadest opportunities for skill development in all of the paddling disciplines. You don't have to be a class V boater to be on the Board! Give it some thought! Send me your suggestions for new Board members by email, and better yet, nominate yourself!

Email: theblacktoad@lightbound.com

Theresa Kulczak, Skipper



Bald Eagle North of Olio Road on Geist

Yes, I drove 10 hours to the picturesque town of Munising Michigan on Lake Superior to attend the symposium, which was held this year on August 18<sup>th</sup> through the 21st. I went at the urging of a cousin, basically on a whim. "Picturesque" is the operative word here as we were just a short drive, or paddle, from the Pictured Rocks National Lakeshore. The cliffs were beautiful, especially when paired with the spectacular, enormous cloud formations that are so prevalent in the big lake country.

I went with no expectations, other than that I assumed symposiums were very technical involving lots of theory and classroom work. Boy was I wrong! Instruction was lakeside and on the water with a teacher student ratio of one to three. The instructors were from all over the country and were very sophisticated in their teaching styles. They used simple words, provided expert corrections and gave us information on a "need to know"

basis. They polled the group at the beginning of each class to ascertain specific needs and then followed up with a debriefing at the conclusion. The emphasis was on boosting skills but with a very fun approach. Lots of illustrations and catchphrases were used to aid memory. "Gorilla Arms" comes to mind. This is the position where your elbows, arms and knuckles are in for the low brace. The sessions I chose were: Paddle Smarter Not Harder, Traditional (Greenland) Paddle, Introduction to the Low Brace, Becoming One with your Boat Through Play, and Potpourri. Some of the other offerings included: Rolling, Sea Rescues, Using a Tow Belt, Packing your Boat for a Trip. Of course boat demos were popular with Impex and P&H (made in the UK) kayaks being most in abundance.



Class receiving instruction

The major sponsor of the symposium was Down Wind Sports and they did a superb job of putting this together. Evening events were held on the second floor of Sydney's Bar and Restaurant with space devoted to various vendors such as Keen, NRS, REI so the ladies would have ample shopping opportunities. The Friday night entertainment was their version of <a href="The Price">The Price</a> is Right show which involved lots of giveaways, followed by a slideshow from the keynote speaker, Ginni Callahan. Ginni teaches kayaking on the Columbia River in the summer, moving to Baja California in the winter and then on to Tasmania when Baja gets a little cool. Despite the laid-back presentation, you could tell that her knowledge of marine life and paddling was quite extensive. As a bonus, she was on the water teaching everyday. Saturday night's theme was the <a href="Oscar Party">Oscar Party</a>. Many dressed in formal attire for the "walk down the red carpet." Most costumes were funny, including a first-ever duct tape formal. Oscar trophies were given out by the instructors, usually for overcoming fear. Recipients were expected to make an "emotional" acceptance speech, crying if possible. I'm glad I didn't receive one because I'm not a good crier.

Bottom line, this is a top drawer event. I would definitely go back again!

# Trip Report—Pictured Rocks National Lakeshore

Pictured Rocks National Lakeshore is located on Lake Superior in the Michigan Upper Peninsula near Munising, Michigan (9 hours from Indianapolis). This stretch of Lake Superior is known for its sandstone cliffs, beaches, sand dunes, waterfalls, lakes, forest, and shoreline.

Brad Hughey, Dave Ellis, and I visited this area in August with the intent of paddling about 40 miles along the lakeshore and camping. When on Lake Superior, "the lake is boss" and we had near gale winds on the first day of our trip so that we decided to camp, sight see, and day paddle key areas as conditions permitted.

On the first day, we drove to Miner's Castle and were able to look down on what would have been really challenging paddling. We also stopped off and hiked to 3 or 4 water falls along our route. After setting up camp, we drove into Grand Marais and paddled in the harbor there. This was ideal since you could pick your poison, the west end of the Harbor was calmer



Paddling through Lover's Leap Arch

with waves 1 foot and the east end had 4-7 foot breaking waves coming in. Everyone found something to play in with Dave challenging the

big stuff. On the way back to camp, we visited the Grand Sable sand dune.

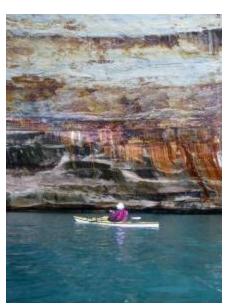
On our second day, we drove to Miner's Beach and paddled about 7 miles East along sandstone cliffs to Chapel Rock. The cliffs are amazing since they loom up to 200 feet over you as you paddle and since they are include a wide range of colors giving Pictured Rocks its name. About four miles into our paddle, we came to Lover's Leap Arch which is easily 100 feet high and big enough for many kayaks to paddle through. After reaching Chapel Rock, we could just see Spray Falls (about 2 miles farther East). Spray Fall is a 70-foot tall water fall that falls into the lake. However.

we didn't go since the afternoon forecast called for thunderstorms so we headed back. No thunderstorms came up but we had a healthy headwind on our way back. After reaching Miner's beach, we did paddle around Miner's Castle and it was cool since we could see people staring down at us from where we had been on the prior day.

Okay, I was going to try and fool Mother Nature on the third day. We paddled from Sand Point in Munising to Grand Island. Grand Island is a large island (36-miles around) about 2 miles north of Munising and there was a strong (10-20 mph) North to Northwest wind so I figured that we should be protected paddling on the South and East sides of the island. Okay, you all already know that the wind wraps around islands so that we had a strong headwind as we paddled up its East Side to Trout Bay. However, we did have a fast and interesting return trip to the south corner with trailing winds and sea. Grand Island is an interesting venue and might be fun to paddle around when time/weather permit since camping facilities are available around the islands.

After paddling that day, we had dinner before heading back to camp for an early start back to Indianapolis the next day.

# Jim Sprandel



Dave along Cliff



Miner's Castle

# **Flatwater Trip Announcements**

# Chain O'Lakes State Park Trip Sponsor: Sue Foxx

Saturday, October 1, 2011

This is lake country and a small boater's paradise. Nine connecting lakes will be the center of your adventures at Chain O'Lakes. We will paddle through the chain of serene kettle lakes created as the glaciers receded. The eight lakes form a six-mile long east to west chain from Long Lake to Miller Lake. Miami Indian villagers once resided along the north shore bluff of Bowen Lake. If you want to camp and do a second day on your own, you can go to http://www.in.gov/dnr/parklake/5060.htm to reserve a site. There is a \$5 park entrance fee. You will also need a 2011 DNR Lake Access sticker for this trip or be ready to pay a fine of about \$113 if stopped by a conservation officer. The trip will be an easy one for beginners but also fun for intermediate and skilled paddlers.

#### Schedule:

11:00 Arrive at Put-In

11:30 Start Paddling

1:00 Lunch

4:00 Off the water

Meeting Place: Main gate at Chain-O-Lakes State Park (2355 E 75 South, Albion, IN 46701) Put In: Boat Launch on Long Lake. (This puts us going with the flow in the beginning so save energy for the return trip.)

Directions to Meeting Place:

Take I-69 north for 109.7 miles.

Take exit 109B/Goshen Rd onto US-30 W and go .7 miles.

Take the ramp onto US-33 N toward Elkhart and go 17.9 miles .

Turn right on S IN-9 and go 4 miles.

Turn R on E County Road 74S and go 1.9 miles.

Turn L on E County Road 75 S and go .4 miles.

Park entrance should be on the left.

What to Bring: I will bring hot dogs and a grill but plan to bring anything else you want for lunch. Also don't forget water, sunscreen, and paddling gear. Dress for the weather since October can start to get cold.

#### Contact Information:

Be sure to contact Sue Foxx at sufoxx713@aol.com or 317-363-4074 if you plan to attend. Anyone who wants to caravan, meet in front of George's/Starbucks at 71st and Hwy 37/Binford at 7:45 am.

# Indy Metro Sunday River Paddles Trip Sponsor: Sue Foxx

The first trip will be on Sunday, October 16, on the White River. Meeting time will be Noon. We'll paddle downtown between 16th Street and Washington Street so you can enjoy the skyline. Meet at 6 pm at Pepper Construction off 16th Street just east of Lafayette Road (1850 W. 15th Street, Indianapolis, IN 46202). Be prepared to work together to carry boats over the levee.

The next one will be Sunday, October 22 on Fall Creek. Meeting time will be 10am in the Walgreens parking lot at 56th and Emerson. We will paddle down from the bridge over Emerson to Keystone. Contact Sue Foxx at 317-363-4074 if you have questions.

HOEx Report Dan Valleskey

Thanks to all the folks that helped out at HOEx. We get better every year! I think we offered a great quality event to the people that came out to paddle. And I was just plain blown away by how hard our coaches, loaders, equipment people, greeters, and shuttle drivers worked. We could not hire people with that level of dedication. Wish I could buy each of you a drink, and propose a toast- "Job Well Done"!

The DNR people did a great job of managing the event again. We had help from Friends of White River, Ball State Outdoor Pursuits, and HCC people showed up in force. The Indy Kayak Meetup group turned out more people than the HCC. Think about that for a minute.

The biggest hitch we had involved fitting PFD's. We cannot put people on the river without having a properly fitting, properly adjusted PFD on everyone. We had plenty of kids PFDs there to choose from, there was no excuse for a guide to let a 3 year old guest head to the river with a PFD that went to the kid's knees! And at a high profile event like HOEx, we need to be especially careful to set a good example by wearing our own PFDs!

Please don't argue with me about what our insurance policy covers, don't talk about liability, if we as club members don't take the first step by using PFDs properly. We put much effort into the production of the safety posters. We sent out press releases. We have had endless discussions about ways to help paddlers stay safe in Indiana. But all that effort- and the image of our club we tried to project- is wiped out if our board members paddle down the stream with PFD's hanging loose, at a high profile event like HOEx. It is especially unfortunate that it was happening while the DNR photographer was on the bank snapping publicity photos. I think I was able to persuade him to "lose" a few of the shots he took. The HCC stands in debt to the IYAK people that stepped up to fit PFD's once DNR knew there was a problem. Those ladies were ruthless when it came to pulling straps tight on vests. "Can you still breathe? No?? Good!"

The result was we put 517 people down the river in two days, which included 390 in canoes and 127 in kayaks. The highlights for me were the two osprey we surprised, and seeing a little girl that was usually wheel chair bound paddling a canoe for the first time in her life.



# **Touring Kayak Announcements**

# October Lake Monroe Trip to be Rescheduled in November

The Monroe Trip which had been scheduled for October 29-30 will be canceled or moved into November. Watch the November HCC Newsletter. the <u>Touring Section</u> of the HCC Bulletin Board, or the IND TOURING KAYAK E-Mail list for more information.

# Brookville Lake Sponsor: Robert Moore

Saturday, October 8. 2011

We will be paddling from the Dunlapsville causeway and head south towards the Fairfield road bridge. Brookville Lake is a 5260-acre lake managed by the Army Corps of Engineers and Indiana Department of Natural Resources for flood control and recreation. A detailed description of the lake can be found on line (<a href="http://www.in.gov/dnr/parklake/files/brookville\_trail.pdf">http://www.in.gov/dnr/parklake/files/brookville\_trail.pdf</a>). The shore line is largely wooded and Fall Colors should be beginning. The water should be starting to cool a bit. Boat traffic is expected to be minimal at this time of the year, and limited to fishermen and kayak enthusiasts from Indianapolis.

**Put-In:** Meet at the Dunlapsville ramp.

From I 70, you can follow State Road 1 south to Connersville. Follow the signs for 1 through Connersville and turn east onto In-44. Turn right on Mt. Pleasant Road (you will see a green Dunlapsville sign and a brown Quakertown Recreation sign near the turn). When Mt. Pleasant dead ends, turn left onto Dunlapsville road. It crosses the causeway. Take the first left turn after the causeway on to Old Dunlapsville Road (near the boat storage facility). Old Dunlapsville Road is the boat ramp. The parking lot and out house facilities are on the left.

**Meeting Time:** 10:00 a.m. Bring a picnic lunch.

Contact Information: Robert Moore, njordball@frontier.com. 765-478-6382

# Patoka Lake Trip —Wickliffe, IN Trips Sponsors: Kellie Kaneshiro, Jim Sprandel

Lake Patoka is the second largest lake in Indiana with about 8,800 acres of water and over 160 miles of shoreline. Hoosier National Forest surrounds the lake with rolling tree-covered hills and rock outcroppings. There are headwaters to explore, as well as, sections where the lake starts feeling like big water. For Sunday, we have planned a 6-8 mile paddle to an interesting and hard-to-find chain of quarry lakes near the Southeast corner of the lake which was really interesting last year

Since it takes over 3 hours to get to Patoka, we will camp overnight at Fisherman's Camp on Saturday night and paddle both Saturday and Sunday. This campsite is located near a limited speed section of the lake which is more kayak-friendly.

### Saturday-Sunday, October 15-16 2011



Patoka Lake—October 2010

Patoka Lake Map: <a href="http://www.in.gov/dnr/parklake/files/patoka">http://www.in.gov/dnr/parklake/files/patoka</a> trail.pdf

Fisherman's Campsite Map: <a href="http://www.in.gov/dnr/parklake/files/patoka">http://www.in.gov/dnr/parklake/files/patoka</a> camp fishermen youth.pdf

**Meeting Place/Put-In:** Fisherman's Camp at Newton-Stewart State Recreation Area or look for my car (Blue Sonata with Boats and a Yakima Rack) in Fisherman's camp. We'll try to get as close to the lake as possible. Newton-Stewart SRA is just north of Wickliffe, Indiana. There is a \$5/car fee to enter the SRA.

**Directions to Meeting Place:** It is about a 3-hour drive from the intersection of I-65 and I-465 on the south side of Indianapolis to Patoka. Drive South on I-65 and get off at Exit 6B (I-265 toward I-64/IN-62/New Albany). Take Exit 0 off of I-265 to merge onto I-64W toward IN-62/St. Louis. Go about 43 miles west on I-64 to Exit 79 and then go 7 miles North on IN-37. Turn slightly left on IN-64 West/IN-145. Follow IN-145 north 3.6 miles until you reach IN-164. Turn left (west) onto IN-164 about 1.3 mile until you see the sign for Newton-Stewart SRA and then turn right (North) into the SRA. Follow the signs in the SRA to the Fisherman's Camp and look for us.

**Note:** This is the fastest route. There is a shorter, slower, and more scenic route through West Baden.

**Camping Information:** Fisherman's Camp is a primitive camp ground with water and vault toilets. One of us will get there on Friday but our experience is that they won't be full after Labor Day. Try to get on Campsites 37-44 in Fisherman's Camp since they are nearest to the lake. Each campsite costs \$8/night and the park allows 2 tents and cars per campsite so you may be able to share a campsite.

What to Bring: Bring your camping gear including food (Saturday lunch, Saturday dinner, Sunday breakfast and any snacks you might need) and paddling gear. Be sure to bring your spray skirt since we will be going over to the open area of the lake near the dam and there may be some waves when the wind picks up. We'll be "car camping" so you won't need to carry your gear in your boat on this trip.

Note: You need a 2011 DNR sticker (\$5) for your boat (available at the gate if you don't have one).

**Schedule:** Saturday 10:30 am Arrive at Meeting Place. Unload boats and set up camp sites.

Saturday 11:15 am Start Paddling. We may have a short sunset paddle as well.

Sunday We will paddle 3 hours and then head home.

Contact information: Contact Kellie or Jim by 8:00 pm on Thursday, October 13:

Kellie Kaneshiro (317) 844-3650 E-Mail knkane@gmail.com
Jim Sprandel (317) 257-2063 E-Mail merlin-3d@sbcglobal.net

Photo Credits: Page 1, 3a, 3b, and 6 — Jim Sprandel, Page 2 — Linda Smith, Page 3c (bottom) — Dave Ellis



# **Upcoming Events**

Oct. 1-2	Touring: South Bass Island Trip, Lake Erie	September Issue
Oct. 1	Flatwater: Chain O' Lakes SP	Page 4
Oct. 8	Touring: Brookville Lake	Page 6
Oct. 8-9	Whitewater: Russell Fork Class II(III) Intro	<b>Bulletin Board</b>
Oct. 14-16	Whitewater: Bridge Day//New & Gauley Rivers	<b>Bulletin Board</b>
Oct. 15-16	Touring: Patoka Lake	Page 6
Oct. 16	Flatwater: White River	Page 5
Oct. 22	Flatwater: Fall Creek	Page 5
Oct. 29-30	Whitewater: Ocoee Halloween & Fall Colors	<b>Bulletin Board</b>

Nov. 13 HCC Annual Meeting

**November Newsletter Deadline:** Please submit articles to Kim Henry by October 14, 2011. Please e-mail articles and pictures to <a href="mailto:editor@hoosiercanoeclub.org">editor@hoosiercanoeclub.org</a>.